



Spring 2010 Class Schedule Children & Adults

whitesmartialarts.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 – 11:00am Adult Yoga		10:00 – 11:00AM Kids 4-7 yrs
	4:30 – 5:30 Kids 4-7 yrs	4:30 – 5:30 Kids	4:30 – 5:30 Kids	4:30 – 5:30 Kids 4-7 yrs	11:00 – 12:00 Kids 7-12 yrs
5:30 – 6:30 Kids	5:30 – 6:30 Kids	5:30 – 6:30 Kids	5:30 – 6:30 Kids	5:30 – 6:30 Kids	12:00 – 1:00 Adult
6:30 – 7:30 Adult	6:30 – 7:30 Adult	6:30 – 7:30 Adult	6:30 – 7:30 Adult		

Effective 03/01/10. Schedule subject to change without notice
All classes are approx. 55 minutes long, unless otherwise noted

White's Martial Arts Academy Inc.
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